

Join GWC, Naiades #1 choice for indoor Rowing and Functional Training

For Session 2 starting Jan 2 – Feb 27

To learn more about indoor rowing/ training click the link below

[NAIADES INDOOR WINTER ROWING](#)

Registration is required, and the form is in above link



KICK OFF THE NEW YEAR WITH 2018'S VERY

FIRST TASTE OF ROWING SESSION

MEET THE NAIADES TEAM, WORK ONE ON ONE WITH OUR
INCREDIBLE COACHING STAFF.

WHEN? SATURDAY JANUARY 20TH AT 12:30
WHERE? PITTSFORD INDOOR ROWING CENTER:
2780 CLOVER ST PITTSFORD NY

WHY? BECAUSE BIG THINGS ARE HAPPENING ON THE GENESSEE
RIVER AND NOW IS THE TIME TO TAKE PART IN THE FUN!

READY TO SIGN UP? CLICK BELOW TO...

[REGISTER NOW!](#)